



Nina B. Hollis Wellness Center
Parent Orientation for Swim Lessons, Summer 2022

Dear FSC Swim Lessons Families,

Welcome to Florida Southern College Summer Swim Lessons! We are honored that you have chosen us to be part of your summer fun. We are looking forward to having your swimmer(s) in class. The goal of our program is to enhance children's ability to participate in pool activities safely while increasing swimming ability and confidence. This is achieved by creating an open, inviting environment that fosters learning, engagement, and fun!

All Florida Southern College instructors are experienced & trained in the sport of swimming, making them knowledgeable & equipped to teach safely and effectively. While participating in FSC Summer Swim Lessons, swimmers have the opportunity to learn water safety and work on skills to improve their swimming abilities.

Safety skills will be covered during each class as well as swimming skill and technique progression. Please be aware certain skills may take longer to teach than others. Should you have any concerns about skills, techniques, or your child's progression, please be sure to speak with your child's instructor or the director following the completion of each class. It is important to remember that all students learn at different speeds, and each class level taught is different. Our two-on-one approach to lessons this summer will ensure a learning pace and progression that best suits each child.

The following is some additional information and tips to help make your swim lesson experience more enjoyable –

- Although we encourage parents/guardians to be active and knowledgeable about their swimmer's learning experience, **parents/guardians are not allowed to be on the deck** during lessons so the instructors can have the participant's full attention.
- A Parent/Guardian **must** be present for each lesson (no matter the age of the participant) to **escort children safely to and from the restroom when needed or to be available in cases of emergencies, inclement weather, or questions.**
- If you have an older child of the opposite gender you wish to escort into the restroom/locker room, please ask the staff, and they will direct you to private restrooms.
- Each child should bring his/her own towel and a pair of sandals to class. **Goggles are encouraged for levels 3 and up.** Pool staff will not provide goggles.
- Before entering the pool area, please have your child/children do the following things:
 - Remove gum or candy from mouth
 - Remove all adhesive bandages
 - Use the restroom

FSC aquatic staff will do it's best to make each participant's experience a positive one. Skill and level evaluation will take place between the instructor and your child throughout Day One of each session. Our two-on-one approach will help your child learn at their own pace and will allow for instructors to better accommodate your child's level and development. Please be patient as a portion of the first lesson may be spent reviewing skills and getting to know new terminology, techniques, and equipment. **A verbal progress report will be given at the end of each lesson from the instructor to the parent/guardian. Please make sure that you are present and available for the instructor to find you after each lesson.**

On deck, you may see some instructors who walk around/assist with different classes. These are instructor aids or gatekeepers whose job is to assist walking kids to the bathroom and help teach difficult skills as well as clean and sanitize our equipment and facilities.

Should two or more classes be cancelled due to any of the following, Covid-19, inclement weather, bathroom accidents in pool, chemical imbalance, etc., a partial monetary refund shall be given to the family. For one cancelled class, a make-up date is not guaranteed, no partial refund will be given, and any type of make-up policy will be up to the swim lesson director's discretion.

Covid-19 Protocols and Guidelines:

1. If you or your child experience any Covid-19 symptoms, sickness, exposure to the virus, or receive a positive Covid-19 test result we will issue a full refund if we are notified no fewer than 72 hours prior to your registered session's day one. We will attempt to fill the vacancy from our waitlist families.
2. **You and your child are not required to wear a mask while on campus**
3. Hand sanitizer will be available throughout the viewing areas

Thank you for being part of the FSC Summer Swim Program. Please feel free to ask any questions by contacting Kendal Casey at kcasey@flsouthern.edu or 863-680-5040.