

Friday
November 22, 2024

WYNEE'S BISTRO MENU

FLORIDA
SOUTHERN
COLLEGE



Friday Breakfast Station

French Toast



at *Stir Fry Station*



PORTABELLOS BREAKFAST

Scrambled Eggs-GF ENTRÉE OR SIDE

Cal 82/Fat 5.6g/Carb 0g/Protein 7g

Breakfast Pizza with Fruit Topping ENTRÉE OR SIDE

Cal 310/Fat 10g/Carb 29g/Protein 7g

Breakfast Pizza with Sausage Gravy ENTRÉE OR SIDE

Cal 380/Fat 22g/Carb 31g/Protein 17g

Peppered Bacon, Egg & Cheese Croissant ENTRÉE OR SIDE

Cal 370/Fat 21g/Carb 28g/Protein 16.5g

Biscuits & Sausage Gravy ENTRÉE OR SIDE

Cal 221.3/Fat 7.3g/Carb 34.5g/Protein 5.8g

Oatmeal-V ENTRÉE OR SIDE

Cal 221.3/Fat 7.3g/Carb 34.5g/Protein 5.8g

Vegan Kale & Mushroom Bowl-V ENTRÉE

Cal 306/Fat 7.5g/Carb 52g/Protein 9g

Peppered Bacon-GF SIDE

Cal 90/Fat 6g/Carb 0g/Protein 10g

Shredded Hash Browns-GF/V SIDE

Cal 120/Fat 7g/Carb 15g/Protein 1g

Hard Boiled Eggs-GF SIDE

Cal 70/Fat 5g/Carb 0g/Protein 6g

Wright At Home

LUNCH

Grilled Ham & Cheese Sandwich ENTRÉE

Cal 352/Fat 15g/Carb 33.3g/Protein 20g

Fish Sticks ENTRÉE

Cal 316/Fat 18.6g/Carb 24g/Protein 12.6g

Sriracha Chicken Thighs ENTRÉE

Cal 151/Fat 5g/Carb 12g/Protein 14g

Steak Fries- GF/V SIDE

Cal 204.8/Fat 9.8g/Carb 27.2g/Protein 2.2g

Steamed Greens-GF/V SIDE

Cal 15/Fat 0g/Carb 3g/Protein 1g

4 Way Mixed Vegetable-GF/V SIDE

Cal 50/Fat 0g/Carb 11g/Protein 2g

DINNER

Beef Tips-GF ENTRÉE

Cal 293/Fat 13g/Carb 5.5g/Protein 38g

Fried Chicken ENTRÉE

Cal 295/Fat 20g/Carb 14g/Protein 15g

Egg Noodles SIDE

Cal 221/Fat 3g/Carb 40g/Protein 7g

Mashed Potatoes-GF SIDE

Cal 201/Fat 12.3g/Carb 18.8g/Protein 3g

Baked Acorn Squash-GF/V

SIDE

Cal 84.2/Fat 0.1g/Carb 23.2g/Protein .7g

Super Bowls LUNCH/DINNER

BASES

White Rice-GF/V

Cal 170/Fat 0g/Carb 13g/Protein 4g

Brown Rice-GF/V

Cal 166/Fat 0.8g/Carb 26g/Protein 5g

Rice Cauliflower-GF/V

Cal 27/Fat 0g/Carb 5g/Protein 2g

Broccoli-GF/V

Cal 25.8/Fat 0g/Carb 5.2g/Protein 2.6g

Black Beans-GF/V

Cal 104/Fat 0.3g/Carb 18.9g/Protein 6.9g

Green Beans-GF/V

Cal 33/Fat 0g/Carb 5.3g/Protein 1.3g

Golden Spiced Chickpeas-GF/V

Cal 130/Fat 5g/Carb 14g/Protein 6g

Maple Sweet Potatoes-GF/V

Cal 150/Fat 7g/Carb 23g/Protein 1g

PROTEINS

Roasted Chicken-GF

Cal 142/Fat 3.1g/Carb 0g/Protein 27g

BBQ Chicken-GF

Cal 202/Fat 3.1g/Carb 16g/Protein 27g

Steak Tips-GF

Cal 238/Fat 12.5g/Carb 0g/Protein 29.3g

Grilled Salmon-GF

Cal 234/Fat 14g/Carb 0g/Protein 25g

Caprese Tofu-GF/V

Cal 206/Fat 12.3g/Carb 6g/Protein 22g

STIR FRY STATION LUNCH/DINNER

Stir Fry of the Day

Jasmine Rice-GF/V

Cal 196/Fat 1.8g/Carb 42.8g/Protein 3.6g

Lo Mein Noodle-V

Cal 270/Fat 3.1g/Carb 52g/Protein 11g

Cabbage Slaw-GF/V

Cal 27/Fat .14g/Carb 6.3g/Protein 1.6g

Asian Vegetable Blend-GF/V

Cal 60/Fat 0g/Carb 10g/Protein 2g

PORTABELLOS LUNCH/DINNER

Cheese Flatbread

ENTRÉE OR SIDE

Cal 430/Fat 21g/Carb 29g/Protein 21g

Flatbread of the Day

ENTRÉE OR SIDE

White Pasta-V

ENTRÉE OR SIDE

Cal 224/Fat 1.8g/Carb 42.6.4g/Protein 8.8g

Wheat Pasta-V

ENTRÉE OR SIDE

Cal 255/Fat 1.9g/Carb 46.7g/Protein 9.1g

Alfredo Sauce

Cal 115.2/Fat 7.7g/Carb 6.2g/Protein 4g

Marinara Sauce-GF/V

Cal 34.5/Fat 1.2g/Carb 4.7g/Protein 1g

VEGAN/VEGETARIAN-LUNCH

Tofu Chili-V

ENTRÉE OR SIDE

Cal 179/Fat 8g/Carb 14g/Protein 13g

VEGAN/VEGETARIAN-DINNER

Spaghetti Squash with Kale & Pesto-V

ENTRÉE OR SIDE

Cal 226/Fat 6g/Carb 19g/Protein 11g

***Unless specifically a "side" item, all nutritionals given are for entrée portions**

Hours of Operation

Breakfast: 7:00am to 11:00 am

Lunch: 11:00am to 2:00pm

Dinner: 4:30pm to 8:00pm

Saturday
November 23, 2024

WYNEE'S BISTRO MENU



SATURDAY DINNER SPECIAL



PORTABELLOS BREAKFAST

Scrambled Eggs-GF	ENTRÉE OR SIDE
Cal 82/Fat 5.6g/Carb 0g/Protein 7g	
French Toast	ENTRÉE OR SIDE
Cal 147/Fat 2.3g/Carb 27g/Protein 6.3g	
Biscuits & Sausage Gravy	ENTRÉE OR SIDE
Cal 221.3/Fat 7.3g/Carb 34.5g/Protein 5.8g	
Oatmeal-V	ENTRÉE OR SIDE
Cal 221.3/Fat 7.3g/Carb 34.5g/Protein 5.8g	
Vegan Quinoa, Spinach & Pepper Bowl-GF/V	ENTRÉE
Cal 310/Fat 11g/Carb 38g/Protein 14g	
Vegan Sausage Patty-GF/V	SIDE
Cal 140/Fat 5g/Carb 8g/Protein 18g	
Bacon-GF	SIDE
Cal 161/Fat 12g/Carb 0.6g/Protein 12g	
Southern Home Fries-GF/V	SIDE
Cal 110/Fat 3g/Carb 19g/Protein 2g	
Hard Boiled Eggs-GF	SIDE
Cal 70/Fat 5g/Carb 0g/Protein 6g	

Wright At Home

BRUNCH

Scrambled Eggs-GF	ENTRÉE OR SIDE
Cal 82/Fat 5.6g/Carb 0g/Protein 7g	
French Toast	ENTRÉE OR SIDE
Cal 147/Fat 2.3g/Carb 27g/Protein 6.3g	
Biscuits & Sausage Gravy	ENTRÉE OR SIDE
Cal 221.3/Fat 7.3g/Carb 34.5g/Protein 5.8g	
Grilled Cheese or Grilled Ham & Cheese	ENTRÉE
Cal 366-369/Fat 15-18g/Carb 28-31g/Protein 12-19g	
Buffalo Chicken Tenders	ENTRÉE
Cal 432/Fat 20g/Carb 30g/Protein 27g	
Pasta & Sauce-V	ENTRÉE OR SIDE
Cal 129.5/Fat 1g/Carb 23.3g/Protein 4.8g	
Bacon-GF	SIDE
Cal 161/Fat 12g/Carb 0.6g/Protein 12g	
French Fries-GF/V	SIDE
Cal 120/Fat 4g/Carb 18g/Protein 2g	
Corn-GF/V	SIDE
Cal 67.5/Fat 2.2g/Carb 12.2g/Protein 2.1g	
Green Beans-GF/V	SIDE
Cal 33/Fat 0g/Carb 5.3g/Protein 1.3g	

VEGAN/VEGETARIAN-BRUNCH

Spinach, Tomato & Tofu Scramble-GF/V	ENTRÉE OR SIDE
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Cal 156/Fat 7g/Carb 7g/Protein 16g

DINNER

Steak (8oz.)-GF	ENTRÉE
Cal 544/Fat 41g/Carb 0.4g/Protein 42g	
Shrimp Skewer	ENTRÉE
Cal 333/Fat 16.6g/Carb 16g/Protein 28.1g	
Surf & Turf (4oz steak/1 shrimp skewer)	ENTRÉE
Cal 438.5/Fat 28.8g/Carb 8.2g/Protein 35g	
Chicken Saltimbocca	ENTRÉE
Cal 390/Fat 17g/Carb 20g/Protein 33.6g	
Pasta & Sauce-V	ENTRÉE OR SIDE
Cal 129.5/Fat 1g/Carb 23.3g/Protein 4.8g	
Baked Potatoes-GF/V	SIDE
Cal 157.7/Fat 5.4g/Carb 26g/Protein 3g	
Peas & Pearl Onions-GF/V	SIDE
Cal 40/Fat 0g/Carb 11g/Protein 3g	
Baby Carrots-GF/V	SIDE
Cal 40/Fat 0.2g/Carb 9.4g/Protein 0.7g	
Texas Toast	SIDE
Cal 220/Fat 8g/Carb 30g/Protein 5g	
VEGAN/VEGETARIAN-DINNER	
"Chicken" Parmesan-V	ENTRÉE OR SIDE
Cal 330/Fat 5g/Carb 23g/Protein 19g	

***Unless specifically a "side" item, all nutritional given are for entrée portions**

Hours of Operation

Breakfast: 8:00am to 11:00 am

Lunch: 11:00am to 1:30pm

Dinner: 4:30pm to 8:00pm

Sunday
November 24, 2024

WYNNEE'S BISTRO MENU



PORTABELLOS BREAKFAST

Scrambled Eggs-GF ENTRÉE OR SIDE

Cal 82/Fat 5.6g/Carb 0g/Protein 7g

Pancakes ENTRÉE OR SIDE

Cal 330/Fat 4.5g/Carb 56g/Protein 7.3g

Biscuits & Sausage Gravy ENTRÉE OR SIDE

Cal 221.3/Fat 7.3g/Carb 34.5g/Protein 5.8g

Oatmeal-V ENTRÉE OR SIDE

Cal 221.3/Fat 7.3g/Carb 34.5g/Protein 5.8g

Vegan Blueberry Pancake-GF/V ENTRÉE

Cal 220/Fat 3.5g/Carb 44g/Protein 2g

Vegan "Chicken" Tender-V ENTRÉE

Cal 230/Fat 10g/Carb 19g/Protein 15g

Link Sausage-GF SIDE

Cal 150/Fat 12.6g/Carb 0g/Protein 8.6g

Hash Brown-GF/V SIDE

Cal 120/Fat 7g/Carb 15g/Protein 2g

Hard Boiled Eggs-GF SIDE

Cal 70/Fat 5g/Carb 0g/Protein 6g

Wright At Home

BRUNCH

Scrambled Eggs-GF ENTRÉE OR SIDE

Cal 82/Fat 5.6g/Carb 0g/Protein 7g

Pancakes ENTRÉE OR SIDE

Cal 330/Fat 4.5g/Carb 56g/Protein 7.3g

Biscuits & Sausage Gravy ENTRÉE OR SIDE

Cal 221.3/Fat 7.3g/Carb 34.5g/Protein 5.8g

Grilled Chicken Breast-GF ENTRÉE

Cal 128/Fat 2.7g/Carb 0g/Protein 26g

Sliced Roast Beef ENTRÉE

Cal 240/Fat 13g/Carb 0g/Protein 20g

Link Sausage-GF SIDE

Cal 150/Fat 12.6g/Carb 0g/Protein 8.6g

Mac N Cheese SIDE

Cal 180/Fat 13g/Carb 23g/Protein 9g

Broccoli-GF/V SIDE

Cal 25.8/Fat 0g/Carb 5.2g/Protein 2.6g

Rice-GF/V SIDE

Cal 140/Fat 0g/Carb 25g/Protein 4g

Steamed Summer Squash-GF/V SIDE

Cal 72/Fat 5.9g/Carb 5.1g/Protein 1.7g

VEGAN/VEGETARIAN-BRUNCH

Stuffed Acorn Squash-V ENTRÉE OR SIDE

Cal 261/Fat 4.5g/Carb 52.7g/Protein 10.4g

DINNER

Mojo Roasted Pork Chops-GF	ENTRÉE
Cal 170/Fat 7g/Carb 0g/Protein 24g	
Fried Chicken	ENTRÉE
Cal 532.6/Fat 31.1g/Carb 20.1g/Protein 36g	
Pasta & Sauce-V	ENTRÉE OR SIDE
Cal 129.5/Fat 1g/Carb 23.3g/Protein 4.8g	
Mac N Cheese	SIDE
Cal 180/Fat 13g/Carb 23g/Protein 9g	
Rice-GF/V	SIDE
Cal 115.6/Fat 0.3g/Carb 25g/Protein 2.4g	
Corn-GF/V	SIDE
Cal 67.5/Fat 2.2g/Carb 12.2g/Protein 2.1g	
Baked Acorn Squash-GF/V	SIDE
Cal 115/Fat 2.7g/Carb 24.9g/Protein 1.3g	
VEGAN/VEGETARIAN-DINNER	
Sweet & Sour "Chicken"-V	ENTRÉE OR SIDE
Cal 230/Fat 6g/Carb 14g/Protein 10g	

***Unless specifically a "side" item, all nutritional given are for entrée portions**

Hours of Operation

Breakfast: 8:00am to 11:00 am

Lunch: 11:00am to 1:30pm

Dinner: 4:30pm to 8:00pm

Monday
November 25, 2024

WYNEE'S BISTRO MENU

FLORIDA
SOUTHERN
COLLEGE

GUEST
SERVICES™

**MONDAY BREAKFAST
ACTION STATION**
**OMELETTES
TO ORDER**



PORTABELLOS

BREAKFAST

FSC Scrambled Eggs-GF	ENTRÉE OR SIDE
Cal 82/Fat 5.6g/Carb 0g/Protein 7g	
Bacon, Egg & Cheese Croissant	ENTRÉE
Cal 367/Fat 24.1g/Carb 14.9g/Protein 20g	
Biscuits & Sausage Gravy	ENTRÉE OR SIDE
Cal 221.3/Fat 7.3g/Carb 34.5g/Protein 5.8g	
Cheese Blintz with Cherry Topping	ENTRÉE OR SIDE
Cal 200/Fat 2g/Carb 36g/Protein 6g	
Oatmeal-V	ENTRÉE OR SIDE
Cal 221.3/Fat 7.3g/Carb 34.5g/Protein 5.8g	
Quiche with Kale-V	ENTRÉE
Cal 275/Fat 17g/Carb 23g/Protein 8g	
Bacon-GF	SIDE
Cal 35/Fat 8g/Carb 0g/Protein 4g	
O'Brien Potatoes-GF/V	SIDE
Cal 110/Fat 3g/Carb 19g/Protein 2g	
Hard Boiled Eggs-GF	SIDE
Cal 70/Fat 5g/Carb 0g/Protein 6g	
Vegan Sausage Patty-V	SIDE
Cal 160/Fat 6g/Carb 10g/Protein 18g	

Wright At Home

LUNCH

Open Faced Sloppy Joe	ENTRÉE
Cal 285/Fat 16.2g/Carb 19g/Protein 14g	
Lemon Pepper Chicken Thigh-GF	ENTRÉE
Cal 200.5/Fat 13.6g/Carb 0.7g/Protein 20g	
Cod Fish Nuggets	ENTRÉE
Cal 220/Fat 9g/Carb 21g/Protein 13g	
Tator Tots-GF/V	SIDE
Cal 160/Fat 8g/Carb 19g/Protein 2g	
Spinach-GF/V	SIDE
Cal 36/Fat 0.8g/Carb 4.9g/Protein 4.5g	
Orzo-V	SIDE
Cal 210/Fat 1g/Carb 44g/Protein 7g	
4-Way Mixed Vegetable-GF/V	SIDE
Cal 80/Fat 1g/Carb 17g/Protein 4g	

DINNER

Tilapia-GF	ENTRÉE
Cal 198.1/Fat 13.7g/Carb 0.7g/Protein 20g	
Country Fried Steak with Pepper Gravy	ENTRÉE
Cal 390.1/Fat 23.6g/Carb 13.6g/Protein 28.3g	

Mashed Potato-GF

Cal 91.1/Fat 1.9g/Carb 16.9g/Protein 2g

SIDE

Brussel Sprouts-GF/V

Cal 35/Fat 0g/Carb 8g/Protein 3g

SIDE

Vegetable Blend-GF/V

Cal 35/Fat 0g/Carb 8g/Protein 1g

SIDE

Super Bowls LUNCH/DINNER
BASES**White Rice-GF/V**

Cal 140/Fat 0g/Carb 25g/Protein 4g

Brown Rice-GF/V

Cal 166/Fat .8g/Carb 26g/Protein 5g

Riced Cauliflower-GF/V

Cal 27/Fat 0g/Carb 5g/Protein 2g

Broccoli-GF/V

Cal 25.8/Fat 0g/Carb 5.2g/Protein 2.6g

Black Beans-GF/V

Cal 104/Fat 0.3g/Carb 18.9g/Protein 6.9g

Green Beans-GF/V

Cal 33/Fat 0g/Carb 5.3g/Protein 1.3g

Golden Spiced Chickpea-GF/V

Cal 130/Fat 5g/Carb 14g/Protein 6g

Maple Sweet Potatoes-GF/V

Cal 150/Fat 7g/Carb 23g/Protein 1g

PROTEINS**Roasted Chicken-GF**

Cal 142/Fat 3.1g/Carb 0g/Protein 27g

BBQ Chicken-GF

Cal 202/Fat 3.1g/Carb 16g/Protein 27g

Steak Tips-GF

Cal 238/Fat 12.5g/Carb 0g/Protein 29.3g

Grilled Salmon-GF

Cal 234/Fat 14g/Carb 0g/Protein 25g

Caprese Tofu-GF/V

Cal 206/Fat 12.3g/Carb 6g/Protein 22g

STIR FRY STATION LUNCH/DINNER**Grilled Shrimp-GF**

Cal 146/Fat 4.8g/Carb 1.4g/Protein 23.1g

Jasmine Rice-GF/V

Cal 196/Fat 1.8g/Carb 42.8g/Protein 3.6g

Lo Mein Noodle-V

Cal 270/Fat 3.1g/Carb 52g/Protein 11g

Asian Vegetable Blend-GF/V

Cal 60/Fat 0g/Carb 10g/Protein 2g

Cabbage Slaw-GF/V

Cal 27/Fat .14g/Carb 6.3g/Protein 1.6g

PORTABELLOS LUNCH/DINNER

Cheese Flatbread ENTRÉE OR SIDE

Cal 430/Fat 24g/Carb 29g/Protein 21g

Pepperoni & Cheese Flatbread ENTRÉE OR SIDE

Cal 490/Fat 28.8g/Carb 29g/Protein 24g

White Pasta ENTRÉE OR SIDE

Cal 224/Fat 1.8g/Carb 42.6.4g/Protein 8.8g

Wheat Pasta ENTRÉE OR SIDE

Cal 255/Fat 1.9g/Carb 46.7g/Protein 9.1g

Marinara Sauce

Cal 34.5/Fat 1.2g/Carb 4.7g/Protein 1g

Alfredo Sauce

Cal 115.2/Fat 7.7g/Carb 6.2g/Protein 4g

VEGAN/VEGETARIAN-LUNCH

Vegan Spicy Chickpea Burger-V ENTRÉE OR SIDE

Cal 204.2/Fat 5.1g/Carb 35g/Protein 7g

VEGAN/VEGETARIAN-DINNER

Vegan Shepherd's Pie-V ENTRÉE OR SIDE

Cal 364.1/Fat 9.4g/Carb 61.6g/Protein 7.3g

***Unless specifically a "side" item, all nutritionals given are for entrée portions**

Hours of Operation

Breakfast: 7:00am to 11:00 am

Lunch: 11:00am to 2:00pm

Dinner: 4:30pm to 8:00pm

Tuesday
November 26, 2024

WYNEE'S BISTRO MENU



SUPERBOWLS- BREAKFAST/LUNCH

Scrambled Eggs-GF	ENTRÉE OR SIDE
Cal 82/Fat 5.6g/Carb 0g/Protein 7g	
Breakfast Burrito	ENTRÉE
Cal 381.5/Fat 18.8g/Carb 36.6g/Protein 12g	
Biscuits & Sausage Gravy	ENTRÉE OR SIDE
Cal 221.3/Fat 7.3g/Carb 34.5g/Protein 5.8g	
Sausage, Egg & Cheese Croissant	ENTRÉE OR SIDE
Cal 400/Fat 26g/Carb 29g/Protein 13g	
Oatmeal-V	ENTRÉE OR SIDE
Cal 221.3/Fat 7.3g/Carb 34.5g/Protein 5.8g	
Impossible Breakfast Sandwich-V	ENTRÉE
Cal 328/Fat 18g/Carb 31g/Protein 12g	
Sausage Patty-GF	SIDE
Cal 120/Fat 12g/Carb 0g/Protein 12g	
Red Skin Potatoes-GF/V	SIDE
Cal 160/Fat 11g/Carb 15g/Protein 2g	
Hard Boiled Eggs-GF	SIDE
Cal 70/Fat 5g/Carb 0g/Protein 6g	
Cheese Grits	SIDE
Cal 216.3/Fat 9g/Carb 24.4g/Protein 9.1g	

Wright At Home

LUNCH

Nathan's Footlong Hot Dog™	ENTRÉE
Cal 500/Fat 24g/Carb 45g/Protein 20g	
Breaded Pork Chop	ENTRÉE
Cal 305/Fat 15g/Carb 16.2g/Protein 24g	
Stuffed Pasta Shells with Marinara Sauce	ENTRÉE
Cal 215/Fat 8.8g/Carb 22.8g/Protein 11.4g	
French Fries-GF/V	SIDE
Cal 120/Fat 4g/Carb 18g/Protein 2g	
Au Gratin Potatoes	SIDE
Cal 161/Fat 9.5g/Carb 14g/Protein 6g	
Oregon Beans-GF/V	SIDE
Cal 60/Fat 0g/Carb 10g/Protein 3g	
Cauliflower-GF/V	SIDE
Cal 18/Fat .3g/Carb 3.4g/Protein 1.5g	
Cheese Sauce	
Cal 80/Fat 6g/Carb 6g/Protein 1g	

DINNER

Beef Tips-GF	ENTRÉE
Cal 198.4/Fat 12.9g/Carb 1.2g/Protein 18.3g	
Chicken Marsala	ENTRÉE
Cal 264/Fat 16.7g/Carb 6.11g/Protein 17.3g	
Egg Noodles	SIDE

Cal 235/Fat 15.1g/Carb 21.5g/Protein 3.9g

Sauteed Zucchini & Squash-GF/V

SIDE

Cal 19/Fat 0.2g/Carb 3.8g/Protein 1.4g

Winter Vegetable Mix-GF/V

SIDE

Cal 25/Fat 0g/Carb 4g/Protein 2g

STIR FRY STATION LUNCH/DINNER

Chicken Fried Rice

Cal 329.9/Fat 17.2g/Carb 32.8g/Protein 27.8g

PORTABELLOS LUNCH ONLY

Cheese Flatbread

ENTRÉE OR SIDE

Cal 430/Fat 21g/Carb 29g/Protein 21g

Chipotle Chicken Flatbread

ENTRÉE OR SIDE

Cal 490/Fat 24g/Carb 29g/Protein 33g

White Pasta

ENTRÉE OR SIDE

Cal 224/Fat 1.8g/Carb 42.6.4g/Protein 8.8g

Wheat Pasta

ENTRÉE OR SIDE

Cal 255/Fat 1.9g/Carb 46.7g/Protein 9.1g

Marinara Sauce

Cal 34.5/Fat 1.2g/Carb 4.7g/Protein 1g

Alfredo Sauce

Cal 115.2/Fat 7.7g/Carb 6.2g/Protein 4g

VEGAN/VEGETARIAN-LUNCH

Vegan Taco-V

ENTRÉE OR SIDE

Cal 143.2/Fat 2.8g/Carb 24.4g/Protein 6.7g

***Unless specifically a "side" item, all nutritionals given are for entrée portions**

Hours of Operation

Breakfast: 7:00am to 11:00 am

Lunch: 11:00am to 2:00pm

Dinner: 4:30pm to 8:00pm